



GRACE CHRISTIAN CENTER
LAUNCHING YOUR FAITH
Faith Alive in the 21st Century

PRAYER, FASTING, & WORSHIP
Faith Activator

Launching Your Faith, Lesson 8, Prayer, Fasting & Worship

(Please initial or check each box with which you agree.)

- _____ 1. I understand that Prayer, Fasting and Worship are not “works” to *earn* His blessing, but are my ways of loving and blessing Jesus and to be more sensitive to His voice.
- _____ 2. I understand that prayer is communion with God through any form of effective communication. I commit myself to grow in my prayer life with Jesus.
- _____ 3. I believe that Fasting is a normal part of Christian life, and I choose to soften my heart and quiet the flesh, to better hear Him. I have fasted with this understanding.
- _____ 4. I understand Fasting more now and look forward to a time of fasting soon. I ask the pastors to please be praying for me as I experience this new growth in my walk with Jesus.
- _____ 5. I believe my Lord Jesus is worthy of all my worship and I commit myself to growing in my expression of praise and worship to Him.
- _____ 6. I have further questions about this teaching. I would like for one of the GCC Pastors to call me so we can further discuss the importance of Prayer, Fasting, & Worship. My best contact phone number is _____.
- _____ 7. I do not agree with this teaching on Prayer, Fasting, & Worship. (Please do so agreeably. Feel free to explain your thoughts on the back of this page.)

_____ Printed name

_____ Date

Please turn this in your LYF Class Administrator or Coach. Thank you!