



GRACE CHRISTIAN CENTER
LAUNCHING YOUR FAITH
Faith Alive in the 21st Century

PRAYER, FASTING & WORSHIP
CLASS NOTES Page 1 July 9, 2017

INTRODUCTION

You don't have to work your way into His presence. Through the shed blood of Jesus, we already dwell in His presence. Why do we experience Prayer, Fasting, and Worship? They are my ways of loving and blessing Jesus and to help me BE MORE SENSITIVE TO HIS .

Man is Spirit, Soul, and Body. _____

The Spirit-Led man or woman rules over the flesh by the Holy Spirit's keeping power. DUNAMIS!!

I. **PRAYER** (John 15:5, Mark 1:35 NLT)

Prayer is communion with God through any form of effective communication. _____

1) **HOW TO PRAY** (Matthew 6:6, John 14:13-14, 1 Corinthians 14:4a, Romans 8:26-27, 1 John 5:14-15, Mark 11:24, 1 Peter 3:12a, Mark 11:25 NLT, 1 Peter 3:7, Luke 11:9-10 Amplified, Matthew 18:19-20)

(1) day quiet time. _____

(2) To the Father in Jesus' Name. _____

(3) Pray for personal strength. _____

(4) In confidence (faith), believing He hears you. _____

(5) With a right heart, clean from sin. _____

(6) Pray persistently. _____

(7) With other believers. _____

II. FASTING (Isaiah 58:6-12, Matthew 16:16-18)

Fasting is when you abstain from food and drink to _____ yourself to seeking God.

1) **THREE KINDS OF FASTS** (Matthew 4:2, Daniel 10:3, Exodus 34:28, Esther 4:16, Acts 9:9)

(1) **The NORMAL FAST** –from all food and drink except water.

(2) **The PARTIAL FAST**—from certain foods or restricting the amount of food and drink. (Daniel fast) _____

(3) **The TOTAL FAST**—from all food and liquid. Usually not more than 24 hours. _____

2) **WHY FAST?** (Acts 13:2, Ezra 8:23, Psalm 35:13b, Psalm 69:10, Isaiah 58:6, Matthew 17:21)

To seek God. You're softening your heart, quieting your flesh.

(1) To better hear _____ voice and direction. _____

(2) To pray more effectively and receive His answers. _____

(3) To cleanse and chasten the soul in repentance. _____

(4) Strong prayer for others. _____

III. WORSHIP (John 4:23-24, Psalm 29:2)

1) **Worship is an eternal truth—both Old and New Testaments.** (1 Chronicles 16:1, 4, Psalm 69:30-31, Psalm 78:60,68, Acts 15:16-17, 1 Peter 2:5,9)

David set up a new Tabernacle, in a new location, with a new priesthood, to minister with new boldness, and to bring a new song! God loved it and loves it today! _____

In the last days, God will restore the Tabernacle of David. Today, _____ are the spiritual priests who offer praise and worship. _____

2) Worshipping and loving God involves ALL of you. (Mark 12:29-30)

In worship, we are to be happy, loud, and physical. Football fans go through more worship expressions on a football field than most believers do for Jesus in church!

3) Biblical Expressions in Worship. (Psalm 66:1-2, Psalm 71:23a, Revelation 19:6, Psalm 134:2, Psalm 47:1a, 1 Timothy 2:8, Psalm 150:3-5, Revelation 14:2, Psalm 134:1, Psalm 95:6, Philippians 2:10, Luke 17:15-16, Psalm 149:3, Luke 10:21, Deuteronomy 12:5-6, Luke 21:1-4, Matthew 26:6-13)

(1)Vocal _____

(2)Lifting and Clapping Hands _____

(3)Musical Instruments _____

(4)Physical expressions: stand, bow down, kneel, fall down, dance, sing _____

(5)Offering Tithes and extravagant giving is an act of worship.

4) The Benefits of Worship (Acts 13:2, Colossians 3:16, Psalm 8:2, Matthew 21:16b, 2 Chronicles 20:22, Acts 16:25-26, Ephesians 5:19, 2 Kings 3:15-16 NKJV and MSG)

(1) Sensitivity to God's voice and fresh _____ into the Scripture. _____

(2)Personal strength, spiritual victory, and deliverance. _____

(3)Gifts of the Spirit are released in worship. _____

How do you have a Faith Alive in the 21st Century? Be alive in Jesus! Be expressive for the Lord you love in Prayer, Fasting and Worship.

NO CHRISTIAN IS GREATER THAN HIS PRAYER LIFE

The church has:

many *ORGANIZERS*, but few *AGONIZERS*;
many who *PAY*, but few who *PRAY*;
many *RESTERS*, but few *WRESTLERS*;
many who are *ENTERPRISING*, but few who are *INTERCEDING*.

People who are not *PRAYING* are *PLAYING*.

Two prerequisites of dynamic Christian living are vision and passion,
and both of these are generated in the prayer closet.

The ministry of *PREACHING* is open to a few.
The ministry of *PRAYING* is open to every child of God.

Don't mistake *ACTION* for *UNCTION*,
COMMOTION for *CREATION*, and
RATTLES for *REVIVALS*.

The secret of *PRAYING* is *PRAYING* in secret.

A *WORLDLY* Christian will stop *PRAYING*;
A *PRAYING* Christian will stop *WORLDLINESS*.

When we pray, God listens to our heartbeat.
Hannah's lips moved, but her voice was not heard (1 Samuel 1:12-13).
When we pray in the Spirit, there are groanings which cannot be uttered (Romans 8:26).

Tithes may build a church, but tears will give it life.

Our emphasis is on *PAYING*, theirs was on *PRAYING*.
When we have *PAID*, the place is *TAKEN*.
When they had *PRAYED*, the place was *SHAKEN* (Acts 4:31).
That is the difference between the modern church and the early church.

In the matter of effective praying, never have so many left so much for so few.

Brethren, LET US PRAY!

--from "Center News"